



# FIGURE SKATING 08

GAYTHER COLOUR AND LEARN



Figure skating is a popular winter sport that combines athletic skill with artistic expression as athletes perform on ice skates to music. Competitors execute jumps, spins, and intricate footwork, which are judged on difficulty, technique, and artistry. Its origins date back to 18th-century Europe, with the first organised skating club established in Scotland in 1742.



## INTERESTING FACT

Ice skating is one of the oldest sports. There is evidence that people were skating in the Middle Ages, and early ice skates were made of bone.

