



# AMERICAN FOOTBALL 02

GAYTHER COLOUR AND LEARN



American football is a fast-paced sport played between two teams of eleven players on a rectangular field, where the goal is to score points by advancing the ball into the opponent's end zone. It combines strategic plays, physical contact, and athletic skill, with teams executing passes, runs, and tackles to gain yardage and score. American football evolved from rugby and soccer in the late 19th century, with the first game played between Princeton and Rutgers in 1869.



## INTERESTING FACT

American football is the most popular sport in the United States, and the annual Super Bowl receives viewership of over 100 million people.

