



POLAND



REGION | EASTERN EUROPE

ISSUE | 167

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UNIVERSAL HEALTHCARE

Yes



HEALTHCARE CATEGORY

Social Insurance (Bismarck)



LOCAL NAME

narodowy fundusz zdrowia (nfz)



HEALTH AUTHORITY

National Health Fund

Contraception

Information relating to the availability of different kinds of contraception



AVAILABILITY OF CONTRACEPTION

Yes



AVAILABILITY OVER THE COUNTER

No



AVAILABILITY NON-PRESCRIPTION

No



EUROPEAN HEALTH INSURANCE CARD (EHIC)

If you are residing within and are travelling to any of the European Union countries (27 countries), Iceland, Liechtenstein, Montenegro, Norway, Switzerland and the United Kingdom, you might be eligible to receive the EHIC, which provides you with access to emergency care for free or at a reduced rate depending on the country. Visit <https://ec.europa.eu/social/main.jsp?catId=559> for more information



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Condom Usage

Condoms are used to help prevent pregnancy and reduce the risk of sexually transmitted diseases.



 AVERAGE CONDOM USE

High

 BANNED LEGALLY

No

 CULTURAL OPPOSITION

No

Other

Information relating to HIV Laws and the status of criminalisation of sex work



CRIMINALISATION RELATING TO

 HIV TRANSMISSION

Yes

 HIV LAWS INFO

-

 SEX WORK

Criminalization or punitive regulation of sex work

Blood Types

The estimated percentage split of blood types within the country or region



 BLOOD TYPE (O)

37.0%

 BLOOD TYPE (A)

38.0%

 BLOOD TYPE (B)

17.0%

 BLOOD TYPE (AB)

8.0%

All of the statistics are collated and based on the | Country

SOURCE | The blood type information uses averages for an individual country or region depending on available data. The data has been compiled from various sources, including information publicly available on Wikipedia.

01 MEDICAL PROFESSIONALS

This section highlights the average number of medical professionals that operate within the country. The scale ranges from high to low, with high meaning that there are a higher number of professionals for the size of the population and low meaning that there is an insufficient number of professionals

MEDIUM

Doctors



1 IN EVERY

408 people

HIGH

Nurses



1 IN EVERY

176 people

HIGH

Pharmacists



1 IN EVERY

1 thousand people



SOURCE | Medical professionals' information uses averages over at least ten years of data compiled from various sources, including information from the World Bank's Open Data.

MEDICAL DIAGNOSIS INTERPRETER (MDI)

When travelling, as a non-native speaker of a language or when you cannot speak, quickly communicating how you think and feel to a medical professional can be life-saving. Visit <https://care.gayther.com/medical-diagnosis/> for more information.



ambulans (polish)



AMBULANCE

DIAL

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02 SEXUAL HEALTH

AGE OF CONSENT

wiek zgody (polish)

PROTECTION

ochrona (polish)

BIRTH CONTROL

kontrola urodzeń (polish)

RAPE

rzepak (polish)

CONDITION

stan (polish)

SAFER SEX

bezpieczniejszy seks (polish)

CONDOM

prezerwatywa (polish)

SEXUALLY TRANSMITTED DISEASE / INFECTION

choroba/infekcja przenoszona drogą płciową (polish)

CONTRACEPTION

zapobieganie ciąży (polish)

UNPROTECTED SEX

seks bez zabezpieczenia (polish)

NO CONSENT

brak zgody (polish)

URINARY TRACT INFECTION

zakażenie dróg moczowych (polish)



SEXUAL HEALTH AWARENESS

świadomość zdrowia seksualnego (polish)

HOW TO USE

All the translated terms are **LITERAL TRANSLATIONS** and are designed to communicate key terms and phrases.



show and **POINT** at the required term

PRONOUNCE

a term based on the spelling



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www.gayther.com

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DISCOVER GAYTHER

Gayther is an online service home to one of the world's largest current and relevant collections of LGBTQIA+ information. Tools and guides designed to be fun and easy to use, all within a platform offering positive content to inform, showcase, and connect the global community and its allies.



LGBTQIA+ TRAVEL GUIDES

Gayther has six hundred and thirty detailed LGBTQIA+ travel guides covering two hundred and thirty-three countries and all the key states, provinces and regions worldwide. All the essential travel information, including 35 useful phrases and terms in over 100 languages, weather information, and much more.



COMMUNITY INFORMATION

Gayther has extensive community-related information, from helpful statistics to the Pride in series. Each year, Gayther compiles six unique indices to highlight and inform the community of the status of laws and the rights of LGBTQIA+ individuals living within any given country



COMMUNITY NEWS & ARTICLES

Share first-hand experiences, topics and themes that are current and relevant to the community. News and articles give real insight into the community and the lives of those telling the stories. The articles are written by all types of people, from those with a media background to those with no writing experience



lgbtqia+ global community

and so
much
more...

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